



November 2017– Activity Schedule Independence Plaza Center



Independence Plaza North Senior Center-310 Greenwich Street, 2nd Floor– Contact Person: Nicole Brown 212-267-0499

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>ACTIVITIES ARE SUBJECT TO CHANGE.</u></p>	<p>The Greenwich House is funded in part by The Department for the Aging</p>	<p>1 11:00 Awareness through Movement 1:45 Painting</p>	<p>2 11:00 Tai-Chi 2:00 Fit and Flexible Knees</p>	<p>3 1:30 Rummicube</p>
<p>6 2:00 Line Dance</p>	<p>7 1:30 “Medicare Scams” Presentation <i>Election Day</i></p>	<p>8 11:00 Awareness through Movement 1:45 Painting</p>	<p>9 8:30 am– 4:00 PM <i>Trip to Mohunk Mountain House</i> 2:00 Fit and Flexible Knees</p>	<p>10 <u>1:30 Fire Safety Presentation</u></p>
<p>13 10:00 Jewelry 2:00 Line Dance</p>	<p>14 1:30 Movie: ALIVE <u>2:00 Advisory Council Meeting</u></p>	<p>15 11:00 Awareness through Movement 1:45 Painting</p>	<p>16 11:00 Tai-Chi 11:30 Social Worker’s Clinic “Medicare Open Enrollment” 2:00 Fit and Flexible Knees <u>Thanksgiving Luncheon</u></p>	<p>17 <u>Nutrition Lecture: TBA</u></p>
<p>20 10:00 Jewelry 2:00 Line Dance</p>	<p>21 1:30 Movie: The Hateful Eight</p>	<p>22 11:00 Awareness through Movement 1:45 Painting</p>	<p>23 <u>Center Closed for Thanksgiving Holiday</u></p>	<p>24 <u>Center Closed for Thanksgiving Break</u></p>
<p>27 2:00 Line Dance</p>	<p>28 1:30 Movie: What happened Miss Simone? (Documentary of Nina Simone) <u>HAPPY BIRTHDAY November!</u></p>	<p>29 11:00 Awareness through Movement 1:45 Painting</p>	<p>30 11:30 Social Worker’s hours 2:00 Fit and Flexible Knees</p>	